

REGISTRATION ENTRY FORM



High on the Hog 5k
FC United Girls Soccer and FC Kiwanis Club
Winchester City Park ~ Saturday, May 21, 2022



Runners and walkers of all ages are welcome to participate! ~ Easy to moderate out and back paved trail.
To be guaranteed a t-shirt register by May 1, 2022
Check-in at 7 am with the race starting at 8 am

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE NUMBER (CELL AND/OR HOME): _____

E-MAIL: _____

Participant(s) Information for 5K Run/Walk
A registration form is needed for each person who enters the race
and all information is required to enter race.

Individual entry fee \$30 _____ Kids under 18 \$25 _____

Male _____ Female _____ AGE ON RACE DAY _____ (Required)

SHIRTS: ADULT SIZES: S M L XL 2XL YOUTH SIZES: S M L
XL (Please circle shirt size)

Emergency Contact Person: _____

Emergency Contact Phone Number: _____

Mail or drop off registration forms at the Franklin County Finance Department,
Attention Annette Sisk, 851 Dinah Shore Blvd., Winchester, TN 37398.

Make checks payable to the Franklin County Kiwanis Club.

WAIVER:

I know that running/walking on a road or trail race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and I am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running/walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Franklin County Kiwanis and the City of Winchester, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing for use of my likeness in photo, video or other media for promotion of other legitimate purpose. The Franklin County Kiwanis and all event sponsors will not share your personal information except as required by law. You may be contacted by Franklin County Kiwanis about other events and races hosted by Franklin County Kiwanis. You will have the opportunity to unsubscribe from future contact.

*Signature: _____

*Parent Signature (If under 18): _____

Registrations will be accepted until the day of the race; however, registrations received after May 1st, WILL NOT be guaranteed a t-shirt. Top male and female runner/walkers will be announced. Check-in will start at the Winchester City Park at 7:00 a.m. All events begin at 8:00 A.M. Winners will be awarded post-race at the recreation hall. Light snacks and drinks will be provided for all participants and guess.